

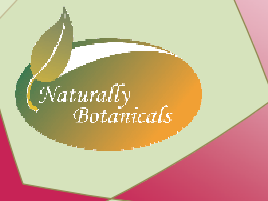


▶ EDS™ ENZYME DELIVERY SYSTEM... ENZYME ENHANCED SUPPLEMENTS



▶ SUPERIOR CLINICALLY PROVEN FORMULAS... BACKED BY 30 YEARS OF RESEARCH AND DEVELOPMENT

▶ NOT AVAILABLE IN STORES



Naturally news

Preventing and managing stress can help lower your risk of serious health problems like heart disease, high blood pressure.

FEEL BETTER THE NATURAL WAY

**** Special Offer ****

*** 20% Off ***

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**Take Action!
Manage Your Stress
Feel Better Naturally**



IS STRESS STRESSING YOU OUT?

IS STRESS AFFECTING YOUR QUALITY OF LIFE?

IS STRESS AFFECTING YOUR HEALTH?

Pay attention and listen to your body, it's telling you something. Everybody responds to stress differently, but if you pay attention you will notice the early warning signs. The signs may be subtle and you may even be too stressed out to notice them, or they may be glaringly obvious. Either way, when you are feeling overwhelmed and things aren't going your way, or you feel unable to control yourself from emotional outbursts, these may be your early warning signs. Do you use food, candy and alcohol to de-stress? Are you annoyed, cranky, suffering headaches, have a stiff neck, muscle tension, and/or clenching your teeth? By noticing your responses and reactions during stressful times, you can monitor yourself, make healthier choices and reduce the effects upon your mental, emotional and physical health, potentially avoiding long-term and chronic illness. [Read more...](#)

Test and Calculate Your Stress:

- **Stress Calculator** (*University of Maryland*)
- **Stress-Meter** (*Dept of Health & Human Services*)

[Relax](#) | [RelaxAll](#) | [Sleep Eaze](#) | [Stress Complex](#) | [Tense Ease](#)

FACTOID

Did you know?

Over 43% of adults suffer adverse health effects due to stress.