



▶ EDS™ ENZYME DELIVERY SYSTEM... ENZYME ENHANCED SUPPLEMENTS



▶ SUPERIOR CLINICALLY PROVEN FORMULAS... BACKED BY 30 YEARS OF RESEARCH AND DEVELOPMENT

▶ NOT AVAILABLE IN STORES



# Naturally news

After eating, it takes usually between 24 and 72 hours in healthy adults for the complete process of digestion to occur.

FEEL BETTER THE NATURAL WAY

**\*\* JULY BIG SAVINGS \*\***  
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 Any Digestive Product  
 No Minimum Order \* No Limit  
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Find Freedom From  
 Indigestion, Heartburn  
 Gas, Bloating, Constipation



## FREEDOM FROM DIGESTIVE DISCOMFORT NATURAL WAYS TO IMPROVE YOUR DIGESTIVE HEALTH

### Digestive Disorders

Sometimes malfunctions arise within the digestive tract resulting in numerous maladies and discomforts, such as bloating, gas, heartburn, diarrhea, and constipation. These conditions can be caused by numerous different reasons, poor diet, age, medications (antibiotics), alcohol, and stress.

### Heartburn

Heartburn symptoms are experienced by one in 10 Americans at least once a week. Heartburn has different triggers, including certain foods, medications, alcohol, obesity, or even stress. A common myth is that heartburn is due to an excess of digestive acid (enzymes). However, heartburn more often occurs due to reduced or low levels of the necessary gastric digestive enzymes. Knowing the triggers will help to design an effective prevention strategy. Heartburn can be improved or eliminated by removing or amending the offending triggers and by implementing effective heartburn remedies. Eat a healthy diet, don't smoke, reduce or eliminate alcohol consumption, and supplement with digestive enzymes.

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**FACTOID**  
**Did you know?**

Food stays in the stomach for 2 to 3 hours.